

The Best Way to Live

SCRIPTURE

"Your word is a lamp to my feet and a light for my path." Psalm 119:105

Focus

God gives His Word to us so that we will know the best way to live.

Object Talk

Raise your hand if you think you could walk across the front of this room with your eyes closed. Have a student who responds try to complete the task. (Be available to steer the student if needed.) As time permits, allow several students to try. **If you've seen the place you're trying to walk to, you might be able to make it safely with your eyes closed.**

- **If you've never been to a place before, what do you need to help you walk there safely with your eyes closed?**

In order to walk safely through unfamiliar places, we need someone to guide us. Have students come forward, line up facing the same direction and place hands on the shoulders of students in front of them. All students except first student in line close their eyes. First student leads line of students on a curving path across the room. As time and interest permit, allow several students to have the opportunity to be leaders. (Optional: Depending on the space and the number of students, you may wish to have three or four lines of students moving at the same time.)

Having a guide or leader who knew where he or she was going sure made a big difference in being able to walk safely and confidently!

Psalm 119:105 tells us that God's Word is like a guide or leader. This verse says, "Your word is a lamp to my feet and a light for my path."



- **When do you most need a lamp or a light?** (When it's dark. When you don't know where you're going.)

Conclusion

The stories we read in the Bible and the commands from God all help us to know the best way to live. God's Word is the guide we can all depend on!

Close in prayer.

Going the Extra Mile

BIBLE DISCUSSION

Let's find out some reasons why the Bible is the best guide for our lives. Have students take turns reading Psalm 119:9,11,18,35,89,103-104.

- How is God's Word described in these verses?
- According to these verses, how does God's Word help us?
- What can kids your age do to get to know what's in God's Word?

There are always going to be times when we're not sure what to say and do. When we need a guide or leader, we can depend on God's Word and the people God gives us to help us learn about His Word.

ACTIVITY

Help students form groups of three to six and give them paper and pencils. **In your group, pretend to be the designers of a web page. Your job is to design a web page entitled "What's So Great About the Bible?"** With the people in your group, talk about what should be on your web page that will explain what everyone should know about the Bible and why it's so important. **Your web page should let people know the benefits of reading God's Word. Some of your group can draw pictures, too.** Give groups 8 to 10 minutes to design their web pages. Then allow some or all of the groups to show and describe their work.

The Bible is God's true story, and reading it not only helps us know and love Him, it helps us know the best way to live.

LIFE CHALLENGE

The more we know about what is in the Bible, the better we can understand and obey His commands. Each of us needs a guide or leader to help us know the best way to live. God has given us the perfect guide!

PRAYER

Lord, thank You for giving us the Bible. Help us make time every day to read and think about Your Word. Remind us to let Your Word be our guide. In Jesus' name, amen.