

## A Way of Escape

### SCRIPTURE

"No temptation has seized you except what is common to man . . . But when you are tempted, he will also provide a way out so that you can stand up under it." 1 Corinthians 10:13

### Focus

When we are tempted to do wrong, God promises to help us escape by saying no to temptation.

### Object Talk

Let's find out how many things you have in common with each other. Everyone think of your favorite flavor of ice cream. When I give the signal, start walking around the room, saying your favorite flavor aloud. When you find someone who likes the same flavor, stand next to each other and wave your hands in the air. Give the signal, and allow time for students to complete the activity. Quickly name the students who have in common a fondness for a certain ice cream flavor. As time permits, repeat the activity with other items (favorite pets, favorite sport, eye color, etc.).

We all like different things, but there are some things we have in common with others, too. The Bible tells us that there is something we ALL have in common. We are all tempted at one time or another to disobey God—to sin. First Corinthians 10:13 says, "No temptation has seized you except what is common to man." This verse means that the wrong things I've been tempted to do are also the same wrong things you or other people have been tempted to do. The good news, however, is that 1 Corinthians 10:13 also says, "But when you are tempted, he will also provide a way out so that you can stand up under it." God promises that He will make a way for us to resist the temptation and help us do what is right.



### CONCLUSION

Every day we make choices about the things we say and do. When we think about the choices we make, we might be tempted to disobey God and sin. But for every temptation, remember that God will give you a way of escape. He'll help you obey!

Close in prayer.

## Going the Extra Mile

### BIBLE DISCUSSION

The Bible tells us that even Jesus, God's Son, was tempted to do wrong. We can find out what Jesus did when He was tempted. Have a student read Matthew 4:1-11 aloud.

- What did the devil tempt Jesus to do?
- What did Jesus do to say no to these temptations? How did God's Word help Jesus?
- When are kids your age often tempted to do wrong? What have you learned from God's Word that would help in those situations?

One of the ways God helps us escape from temptation and say no to doing wrong is by giving us the Bible. When we read and pay attention to what the Bible says, it helps us make the right choice.

### ACTIVITY

Place a large sheet of paper and markers on a table or on the floor. Students stand around the edges of the paper. **When I say go, start walking around the paper. When I say stop, get a marker and write on the paper a Bible command.** Lead students in the activity, allowing time for students to write or draw situations. Suggest commands as needed, although commands can be repeated. **Now we're going to play this game again, but this time when you stop, read the command on the paper in front of you and try to think of a situation in which kids your age can choose to obey the command. Write**

**or draw the situation.** Lead students to complete activity. Then invite volunteers to tell commands and situations. **God doesn't promise that we'll never be tempted to disobey, but He does promise to help us say no to the temptation.**

### LIFE CHALLENGE

When we are tempted to disobey God, it can be hard to remember that God is with us and will help us. Sometimes we just want God to take away the temptation. But God has promised to help us—by giving us the Bible, and by giving us parents or teachers who can encourage us to obey Him. There's always a way of escape!

### PRAYER

Dear God, thank You for being with us and for providing a way of escape for us when we're tempted to disobey You. Help us to rely on You. In Jesus' name, amen.